

ISSN Print: 2961-1539

ISSN Online: 2961-1555

Volume 1, Issue 1, Oct 2022



IJNOC

INSIGHT JOURNAL OF NATIONAL OPEN COLLEGE

PUBLISHER

Research Management Cell (RMC)

National Open College

Sanepa, Lalitpur

Table of Content

1. Message from Vice Chancellor	iii
2. Message from Dean (Management)	iv
3. Message from Chairman	v
4. Message from Principal	vi
5. Message from Vice Principal	vii
6. Editorial	viii
7. Knowledge and Attitude of HIV/AIDS among School Adolescents of Kathmandu District	1
8. Knowledge and Practices of Blood Donation among Bachelors of Health Care Management Students of Pokhara University, Nepal	13
9. Knowledge of Bio Medical Waste Management among Hospital Staffs of Lamjung District, Nepal	23
10. Practice of Menstrual Hygiene among Secondary School Girls of Bhaktapur District	30
11. Knowledge Attitude and Practice Level of Standard Precautions among the Health Care Workers of Private Hospitals of Kathmandu Valley	37
12. Study of Spirituality in Public Banks in Nepal	45
13. Health in context to Sustainable Development Goals In Nepal: A subjective Review	52
14. A Critical Review of the Scientific Approach and Objectivity in Research	55
15. Theoretical Aspects of Buddhist Culture in Lhomi Community	65
16. Guidelines for Authors	73