

Department of Health, Physical and Population Education

Health & Population Education Journal



TRIBHUVAN UNIVERSITY

Department of Health, Physical and Population Education

**MAHENDRA RATNA MULTIPLE CAMPUS
ILAM, NEPAL**

Volume I

Number 1

Feb. 2014

Contents

CRISIS IN LIFE AND ITS EFFECT IN HEALTH

- **Lokendra Sherchan**1

EXISTING SITUATION AND ISSUES OF SCHOOL HEALTH AND NUTRITION PROGRAMME IN NEPAL

- **Chitra Bahadur Budhathoki**.....8

RELATIONSHIP OF HEALTH EDUCATION WITH OTHER SUBJECTS/DISCIPLINES

- **Govinda Niroula**.....18

धुम्रपानको प्रयोग र यसले मानव स्वास्थ्यमा पार्ने असर

- **अर्जुन प्रकाश रेग्मी**22

PRIMARY HEALTH CARE IN NEPAL

- **Khem Kumar Bhurtel**.....30

A CRITICAL ASSESSMENT OF CHANGING DEMOGRAPHIC CHARACTERISTICS OF ILAM DISTRICT

- **Damodar Chapagain**.....44

POPULATION COMPOSITION BY CASTE/ETHNICITY OF NEPAL

- **Prem Bahadur Karki**.....52