

# MEDICOS NEXT...

Page 47

HEALING  
kathmandu

SPECIAL SUPPLEMENT

A City Alive with  
Culture & Heritage

STATUS OF  
FOOD HYGIENE  
IN KATHMANDU

The Ever-lurking Menace  
of Food Adulteration



# MEDICOS<sup>NEXT</sup>



## CONTENT

AUGUST 2022  
ISSUE 26

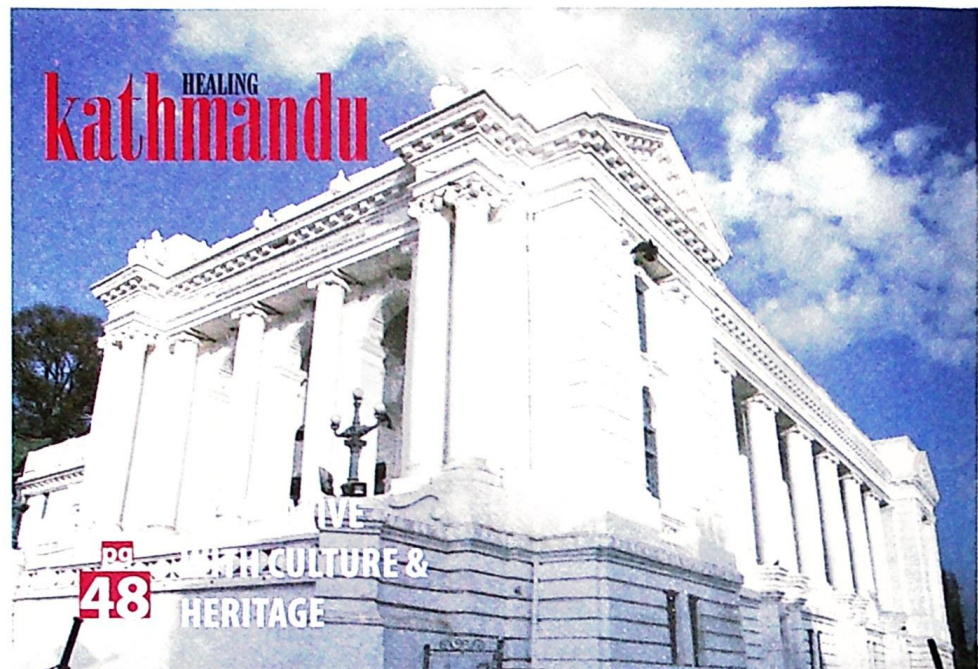


26

KETO DIET  
FAD OR  
FACT?



60 When is the Best  
Time to Breathe?



### IN THE NEWS

- 10 First Implant of Dual-Chamber Leadless Pacemaker
- 11 Nepal Beats USA AND India
- 11 Good News for the Bald
- 12 Miracle Molecule for Weight Loss on the Horizon
- 13 India to be Number One in the World

### DISEASE

- 16 Psoriasis A Multifactorial Disease
- 18 Tackling Asthma in Children

### TREATMENT

- 34 Spectrum of Plastic Surgery Practices: Current Scenario

### COVER STORY

- 24 The Ever-lurking Menace of Food Adulteration

### FEATURE

- 22 The Case for Cannabis Legalization
- 26 Keto Diet Fad or Fact?
- 30 Application of Intraoperative Neuromonitoring
- 32 The Many Facets of Abortion

### HEALING KATHMANDU

- 48 A City Alive with Culture & Heritage
- 60 Status of Food Hygiene in Kathmandu
- 60 When is the Best Time to Breathe?

### 38 INTERVIEW

### 42 PHARMA WATCH

### 44 EVENTS