

Peer Reviewed Journal

ISSN: 2631-2441 (Print)
ISSN: 2822-1591 (Online)



JOURNAL OF HEALTH PROMOTION



Official Publication of Health Education Association of Nepal (HEAN)

VOLUME 10
DECEMBER
2022

www.nepjol.info/index.php/jhp (Nepjol)
www.nepalhean.org (HEAN)

Contents

Editorial

Consequences of COVID-19 on children's learning and their responses	iii-vi
Shyam Krishna Maharjan, Bhimsen Devkota	

Brief Report

Forgotten health and social care needs of left-behind families of Nepali migrant workers	1-4
Yagya R. Adhikari, Pramod R. Regmi, Bhimsen Devkota, Edwin R. van Teijlingen	

Methodological Paper

Reflections on health promotion fieldwork in Nepal: Trials and tribulations	5-12
Preeti Mahato, Pasang Tamang, Bibha Simkhada, Sharada P. Wasti, Bhimsen Devkota, Padam Simkhada, Edwin R. van Teijlingen	

Multilevel factors appealing to junk food consumption among school children and adolescents: A systematic review	13-26
Yadu R. Upreti, Devaraj Acharya, Belpatra Nath Yogi, Bhimsen Devkota, Tulsi Ram Bhandari	

Women's autonomy and its effect on antenatal care visits among Tharu women of reproductive age (15-49) of Khairahani Municipality, Nepal	27-38
Anuska Achikari, Maheshor Kaphle	

Food insufficiency among returnee migrants during COVID-19	39-48
Bidur Bastola, Unnata Timalsina, Ranju K.C., Ramesh Adhikari	

Experiences of key populations in getting and sharing HIV and AIDS-related information: A descriptive phenomenological study	49-58
Toya Nath Pahadi	

Nutritional practices of the preschool-aged children and associated factors: A cross-sectional study in Rupandehi district of Nepal	59-72
Prakash Sharma	

Road traffic deaths and injuries in Kathmandu	73-88
Jyoti Kuikel, Bhagwan Aryal, Tilak Bogati, Bhagabati Sedain	

Trend of tobacco use: Reviewing the STEPS surveys conducted in Nepal	89-100
Anil Kumar Mandal	

Eye health knowledge among basic level science and health education teachers in Solukhumbu district of Nepal	101-112
Pushpa Babu Basnet, Chitra Bahadur Budhathoki	

Risk perception and intent to take precautionary actions against COVID-19 among adult population during pandemic in Nepal	113-126
Shanti Prasad Khanal, Chitra Bahadur Budhathoki, Devaraj Acharya	

Educational association with zoonotic related knowledge and practices of livestock farmers in selective districts of Nepal	127-142
Kosh Bilash Bagale, Ramesh Adhikari, Devaraj Acharya	

Assessing the effectiveness of a menstrual hygiene management and sexual and reproductive health education program in post-earthquake Nepal	143-152
Sara E. Baumann, Hiba Anwer, Pema Lhaki, Jessica G. Burke	

Role of social media for sexual communication and sexual behaviors: A focus group study among young people in Nepal	153-166
Pramod R. Regmi, Edwin van Teijlingen, Ram Chandra Siwal and Rolina Dhital	